

# How Speech Therapy Helps

The Impact of Speech Therapy on Development & Learning

## Step-by-Step Process of Speech Therapy:

1

### Evaluation & Assessment

- Standardized tests assess speech clarity, fluency, and comprehension.
- Parent interviews and teacher feedback fully depict the child's communication challenges.

Children who receive early intervention before age **3** are **75%** more likely to catch up in language skills.

2

### Customized Therapy Plan

- Individualized goals for articulation, fluency, language development, and comprehension.
- Techniques like **play-based therapy**, **phonemic awareness training**, and **multisensory approaches**.

3

### Interactive Therapy Sessions

- Activities like **storytelling**, **repetition drills**, and **language-building games** enhance progress.
- **Augmentative & Alternative Communication (AAC)** is used for children with severe speech delays.



4

### Parental Coaching & Home Reinforcement

- **85% of speech progress happens outside of therapy sessions** (ASHA).
- Strategies like **daily reading**, **narrating daily activities**, and **structured speech exercises** boost improvement.

**77.1%** of individuals showed improvement in at least one domain of Therapy Outcome Measures (TOMs) over 36 months.

5

### Tracking Progress & Adjustments

- Speech-language pathologists (SLPs) assess changes in vocabulary, fluency, and comprehension over time.
- Adjustments ensure therapy is effective and tailored to the child's progress.

Children receiving structured speech therapy are more likely to succeed in school and social settings (Kids First Services).

Understanding Speech & Language Skills in Children

