

CREATIVE EXPRESSIONS: A GROUP FOR GIRLS



- *This group is designed for girls who would like to use creative arts to explore and express themselves*
- *Each session will focus on facilitating emotional development through the use of various art modalities*
- *While engaging in fun art activities, the group will help girls express their feelings, gain self-confidence, promote a positive self-image, and create feelings of connectedness to other girls who are struggling with similar issues*

**THIS IS AN 8-WEEK GROUP. SPACE IS LIMITED TO 6 PARTICIPANTS.
GROUP WILL BE HELD THURSDAYS FROM 5:00-5:45PM**

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