

presenting...

Melodies of Motherhood



a series of new groups for new Moms in Park Slope

Melodies of Motherhood groups, run by a Licensed Clinical Social Worker and a Licensed Creative Arts Therapist, offer unique opportunities for new and expecting Mothers in Park Slope. The 15-week program will offer support from professional therapists as well as an education component and a unique creative arts-oriented perspective. The group will include:

- understanding attachment bonding
- the construction of a unique lullaby just for your baby
- promoting healthy development through music and play
- support and strategies for coping with stress
- suggestions for using music during labor and delivery



Bond with Your Baby, Learn, and Get Support

Groups will form and begin to meet in early April. Expecting mothers and new mothers with infants are welcome to join this group. We will meet weekly for 15 weeks.

For more information or to register, call 646-450-1644

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